

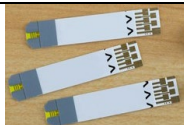
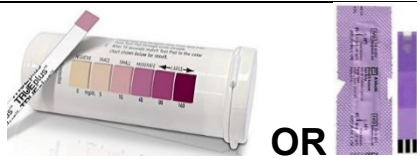
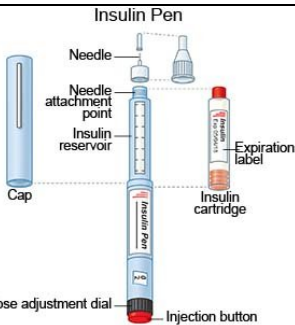





Checklist for at home management of ketones:

ITEM REQUIRED	CHECKLIST <input checked="" type="checkbox"/>
I am confident in Sick Day Management	<input type="checkbox"/>
My child is in the “Low risk” group as described in the above flow diagram	<input type="checkbox"/>
I have the following necessary testing equipment needed for home management of ketones:	
Glucose metre for finger-prick blood glucose testing	 <input type="checkbox"/>
Lancets	 <input type="checkbox"/>
Glucose test strips	 <input type="checkbox"/>
Urine ketone test strips OR blood ketone test strips	 <input type="checkbox"/>
I have the following needed for home management of ketones:	
Long-acting insulin	 <input type="checkbox"/>
Short-acting insulin	
Microfine pen needles	
Insulin syringe	
I have sufficient amount and types of fluids my child will need to drink	
Sugar-free fluids (e.g., Water, coke light, etc)	 <input type="checkbox"/>
Sugar-containing fluids (e.g., Coke, Lucozade, Energade, etc)	 <input type="checkbox"/>
In the event I need to take my child to hospital, I will need the following	
Details of the nearest hospital	 <input type="checkbox"/>
Medical aid card, and other identity documents	<input type="checkbox"/>